

DR MICHIEL OPPERMAN

CHIROPRACTOR * EQUINE CHIROPRACTOR



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www.yestohealth.co.za

EDUCATION

Chiropractic Master's Degree
University of Johannesburg (2011)

Equine Chiropractic Degree (2019)

EXPERTISE

Adjustments/Manipulation

Traction/Flexion Distraction

Dry Needling

Massage Therapy

Ultrasound Therapy

Interferential Current Therapy

Strapping/Taping Techniques

Rehabilitation and Exercise

Practice Management

Wellness Advisor

PROFILE

It is nice to meet you! My name is Michiel Opperman, I am 35 years of age. I studied Chiropractic at the University of Johannesburg after which I obtained a master's degree in Chiropractic. I started off my career as an intern in the government sector at the University of Johannesburg's Chiropractic Clinic. After graduating, I opened my own Chiropractic practice in the capital city of South Africa, Pretoria. I have been working in the private sector since then. The price of a successful business has been hard work, perseverance, sacrifice, dedication and the willingness to always learn and study more. In 2018, I decided to study further and follow my dream of becoming an Equine Chiropractor. I obtained my qualification from the Animal Chiropractic Education Source (ACES). I also wrote the American Veterinarian Chiropractic Association Board Exam.

My main goal as an Equine Chiropractor is not only to help animals in pain get better, but to ensure that animals competing in professional sports should receive proper treatment and care to perform to the best of their abilities. I find it extremely important to educate owners on the importance of maintaining a healthy living environment for their animals, e.g. regular Chiropractic treatment to maintain normal spinal alignment and nerve function, proper exercise and rehabilitation techniques, advice on grooming, diet, etc.

WORK EXPERIENCE

2008 – 2011: Chiropractic intern at the University of Johannesburg Chiropractic Clinic

2011 – present: Chiropractor in own private practice

2011 – 2019: Member of the Chiropractic Association South Africa

2019 – present: Equine Chiropractor

2019 – present: Member of the American Veterinarian Chiropractic Association

2019 – present: Member of the International Veterinary Chiropractic Association

COURSES COMPLETED

* Rigid Tape course * Kinesio Tape course * Dynamic Tape course
* Biopuncture Course * Xeraband Rehabilitation course * Discovery Medical Aid Wellness Advisor course * Level 3 First Aid course
* Gateway and Genesis Life Skills and Personal Development courses * Common Sports Injury course * Common Runners Conditions course * Rheumatology and Exercise course * Ethics and Jurisprudence * Equine Fascia Release * Equine Chiropractic Course